



## **T&F4ALL**

**Track & Field, a race towards the future: inclusion in sport of young people from disadvantaged backgrounds**

**Project n. EPP-1-2019-1-IT-SPO-SCP**

# **Fifth periodic monitoring questionnaire**

**January 2022 – July 2022**

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**September 2022**

## Introduction

According to the monitoring and evaluation plan, a periodic questionnaire is submitted to any of the partners, one for each partner to be filled in with the collective opinion of the partner about project state of the art and activities.

The questionnaire is prepared with Google form. A quantitative and qualitative analysis is carried out on the monitoring questionnaire and joined with other info collected during the project development from the coordinator or during the meetings.

The periodic questionnaire enquires the involvement of the partner and development of the actual stage of the project, the communication between partners, the management and coordination, the satisfaction about the meetings, strengths and weaknesses of the project and the overall satisfaction. The questionnaire is updated to the activities of the period and to specific matters that may occur.

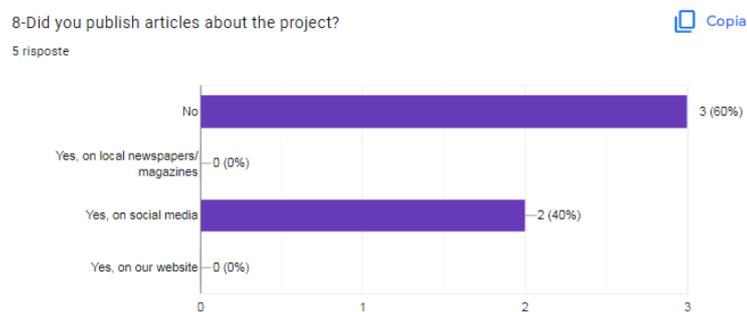
The questionnaire refers to the project period February 2022 to May 2022. It was administered early June, but the partners answered late June and July. Five partners filled in the questionnaire out of eight. The five respondents are Trionfo Ligure, Voluntary Work Novo Mesto, Izmir Youth Center Sport Club, Geseme, EFA, taking different roles like Project coordinator or manager, researcher trainer etc..

## Project activities

For all respondents the Covid pandemic did not impact the smooth running of planned activities. The partners have carried out the activities that are coming to their conclusion.

## Dissemination

Two out of five respondents published articles about the project on the social media and two did not publish any articles. The respondents reported the interactions about Articles/link received. One of them affirmed that they received around 100 interactions and other one 50.



Four respondents out of five carried out other dissemination actions in this period: one carried out a pilot training, another partner disseminated during external partners' sport activities and one partner organized an event in Novo Mesto (publishing the news on their social instrument) and presented the results to some representative of sport at national and local level in Slovenia).

The majority did not find any problem to carry out the project in this period.

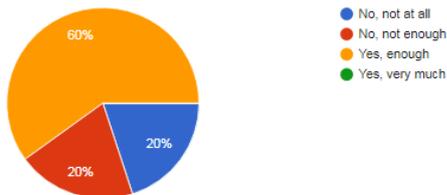
One partner reports the difficulty to have followers on social media, but they try to overcome it inviting all to use social tagging in their pages.

Only one respondent out of four encountered some problem in carrying out the dissemination activity, resulting in delay. The delay in finishing the IO2 influenced the dissemination too. A continuous interaction between partners and coordinator faced the problem of the delays.

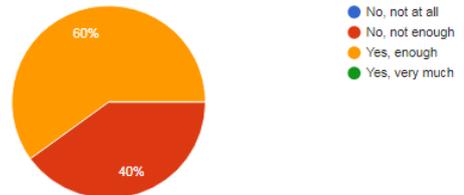
Three out of five respondents considered the project's Facebook page to be enough effective, one considered it not enough effective and other respondents felt it was not at all effective. In a similar way three respondents out of five thought that the Instagram page is enough effective, and two “not enough”. About the project’s website, four out of five respondents considered the project’s website enough effective and only one considered it “not enough” effective.

The satisfaction with the project's dissemination activities in general at this stage is rated 6,8, average on a scale of 1 to 10, with a minimum of 6 and a maximum of 8.

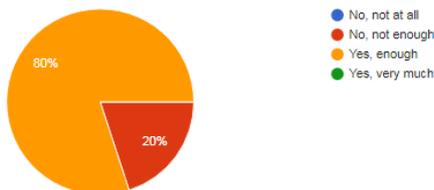
14-In your opinion, is the Facebook page of the project effective?  
5 risposte



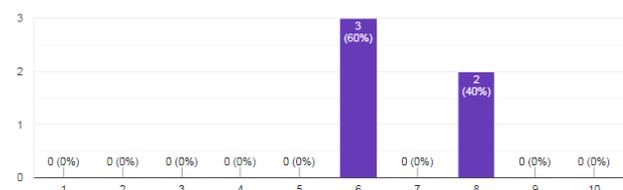
15-In your opinion, is the Instagram page of the project effective?  
5 risposte



16-In your opinion, is the website of the project effective?  
5 risposte



17-Please, rate your satisfaction with the dissemination activity in general  
5 risposte



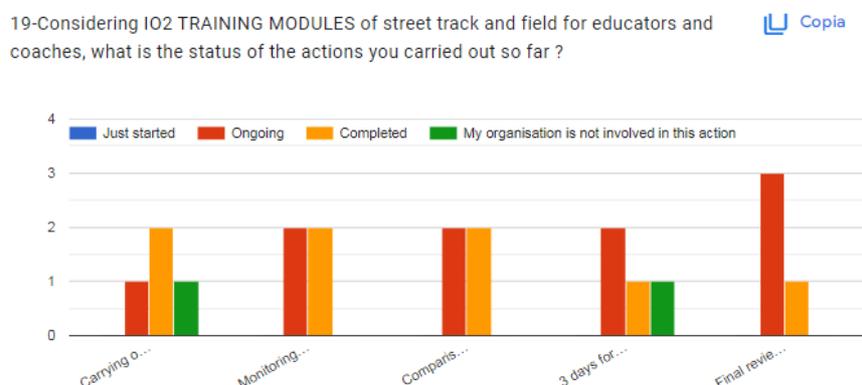
Two respondents leave their opinion about the dissemination activities during this period, which illustrate the need for a further commitment in this activity.

- We could post more on social media. The website is also almost dead. My proposal is that the partner responsible for dissemination prepare a sheet with exact dates for each partner to post at least one post per month on the social media. Dissemination is very important for the results of the project, and I think we are not working much on it.
- I think that in the last phase we can have a much more intensive activities to present the results

## Intellectual output

During the reporting period, the partners carried out the following activities with regard to IO2 TRAINING MODULES of street track and field for educators and coaches. The partners have undertaken different activities within the WP5 actions. Some have completed them, some are in the process of completing them.

About **A1 action -“Carrying out street athletics paths by sport-educational partners”** two out of four respondents completed the activity, one is carrying it on, and other one states that his organization is not involved in that action. About the **A2 action -“Production Monitoring of different experimental paths, with compared observations on target groups, operators and coaches.”** Two respondents out of four have completed the action, and other two are carrying it on. The same can be said for the **A3 activity “Comparison and analysis on experimentations results with local stakeholders”**. About **A4 activity “Final review of IO2 after experimentations on young people”** three out of four respondents are carrying on the activity and other one completed it.

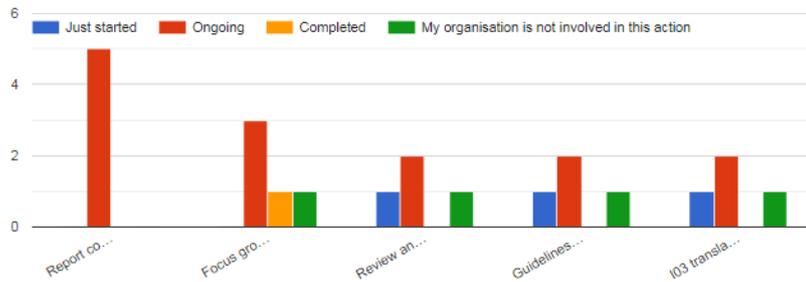


During the reporting period, the partners carried out other activities with regard to IO3 GUIDELINES and APP for the realization of courses of track and field in the streets. The partners have undertaken different activities within the WP6 action (Modeling: Validation of an integrated/a comprehensive training module for street track and field) Some have completed them, some are in the process of completing them and some are at the beginning of them

About **A5 action “Report concerning experimentation results”** all five respondents are carrying on the activity. About the **A6 action “Focus group with mixed groups (teachers, educators, intercultural mediators, immigrants communities) in different partners territories to validate coaching athletics street practices”** three out of five respondents are carrying on the activity, one completed it and other one states that his organization is not involved in that action. About the **A7 action “Review and adaptation of validated outputs of experimented street athletics practices. Integration with existing models”** one out of four respondents is at the beginning of the activity, other two are in the process of completing it and one take part of an organization not involved in this activity. The same can be said for the **A8 action “Guidelines editing. Motivational app updating. IO3 online provision in English”** and for the **A9 action “IO3 translations into the partners' languages and adaptation to national models”**

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20-Considering IO3 GUIDELINES and APP for the realisation of courses of track and field in the streets , what is the status of the actions you carried out so far ?

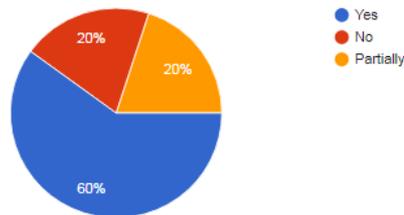


No one of respondents found any problem in carrying out these activities.

Instead about the delay, only one claims some delays for pandemic effects or because some partners were very busy and prevented the project from proceeding on-time. Three out of five respondents refers that the results obtained so far had an impact on their organization activities. For other one they had a partially impact and another one though that they did not.

23-Did the results impact your organisation's activities so far?

5 risposte



And four partner specified what and how the actual results impacted their organization activities:

- We are better known in the youngster's sports community
- We have extended our sport curriculum within organisation's activities.
- We try to carry out our activities with more emphasis on the social point of view.
- We want to continue this kind of activities even after the project, because we reached a lot of young people interested in practicing sport and we created good collaboration with third sector associations.

## Transnational meeting: Timisoara – Romania

During the reporting period, the partners carried out a Transnational meeting in Timisoara-Romania.

The agenda is considered by all respondents (four) to be complete and coherent with the development of the project. They considered the timing of the transnational meeting sessions completely coherent with the goals as well. Just one respondent thinks partners participated actively to the meeting; other three consider that only some of the partners participated actively.

Documents to be produced and distributed after the meeting were also released as agreed and were issued and distributed in due time: for all respondents they were distributed very quickly.

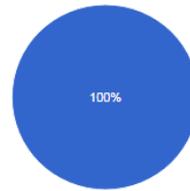
Satisfaction about logistic arrangements is quite high for any dimension.

26-Was the agenda complete and coherent with the project development?  
4 risposte



- Yes, completely
- Yes, but some topics were missing
- No

27-Was the timing of the transnational meeting sessions coherent with the goals?  
4 risposte



- Yes, completely
- Yes, but for some topics the time was not enough
- No

29-Referring to the documents to be produced and distributed following the meeting (including the minutes of the meeting), were they issued according to the agreements?  
4 risposte



- Yes, completely
- Yes, but with some correction to be done
- No

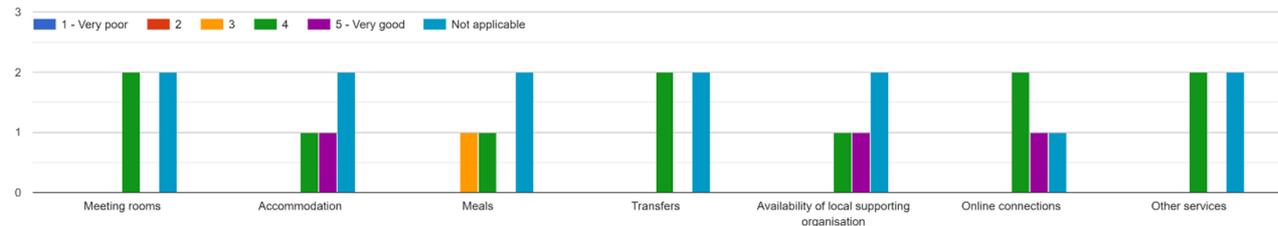
30-Referring to the documents to be produced and distributed following the meeting (including the minutes of the meeting), were they issued and distributed in due time, after the meeting?  
4 risposte



- Yes, very quickly
- Yes, but with a short delay
- No, they were very late

### Satisfaction about the logistic arrangements

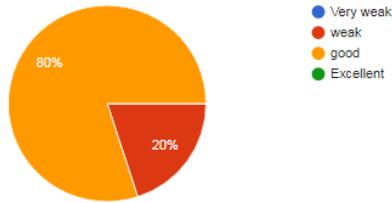
31-Rate your satisfaction with logistic arrangements



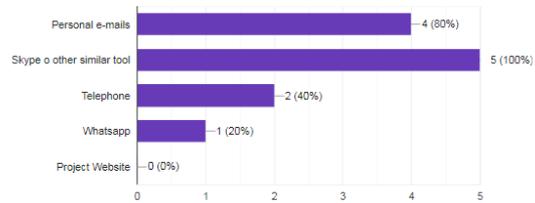
## Communication Tools in the partnership

Most of respondents are satisfied about the organization of the Drive archive, four of them considered it good and only one “weak”. For communication between partners different tools are used, mainly Personal e-mail, Skype or other similar tools, and all of them considered these tools effective (enough: four, very much: one). The satisfaction for the communication between partners is still rated 7,8 (average value), on a scale 1 to 10, with a minimum of 7 and a maximum of 10.

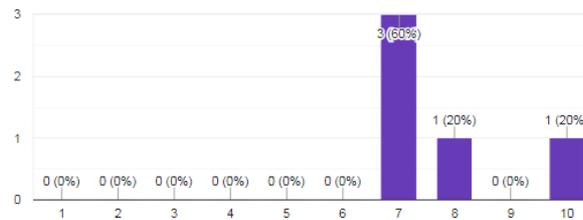
32-In your opinion, the organisation of the Google Drive archive is:  
5 risposte



33-Which communication tools did you use to contact other partners? (check all the tools you used)  
5 risposte



36-Are you satisfied with the communication between partners?  
Overall assessment rating 1 minimum – 10 maximum  
5 risposte



Only one leave an additional Comments:

- Skype call are always good enough. If we needed to have an immediate answer, we should call the partner.

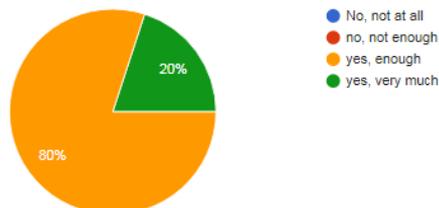
## Project management

Most of the partners considered the time-schedule and deadlines enough coherent with the foreseen activities, and one considered it “very much” coherent. They declared that the human resources were coherent with the activity to be carried out in this period (four considered it enough coherent and one very much). For four out of five respondents the foreseen budget was enough coherent with the activity to be carried out in this period, and one considered it “very much” coherent.

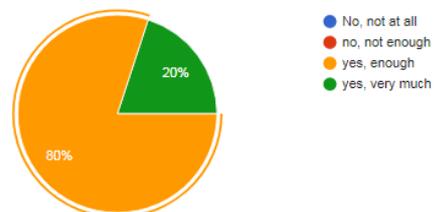
The cooperation between partners was overall good: four out of five respondents affirmed that the cooperation was as good as they expected and one thought that was better than he expected. All of them think that the partnership could became a team.

The satisfaction for the project management is high for all the partners. It is rated 7,8 average value, on a scale 1 to 10, with a minimum of 6 and a maximum of 10.

37-Were time-schedule and deadlines coherent with the foreseen activities?  
5 risposte

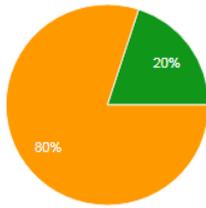


38-Were planned human resources coherent with the activity to be carried out in this period?  
5 risposte



39-Was the foreseen budget coherent with the activity to be carried out in this period?

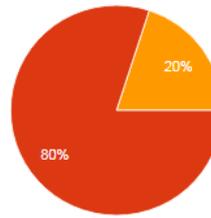
5 risposte



- no, not at all
- no, not enough
- yes, enough
- yes, very much

40-Was the cooperation between partners as you expected?

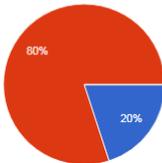
5 risposte



- no, it was worse than I expected
- yes, it was as good as I expected
- yes, it was better than I expected

41-Is the partnership becoming a team?

5 risposte

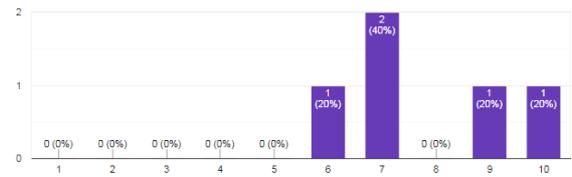


- Yes, any partner is acting as a member of a team cooperating to a common goal
- Yes, but some partners participate less than others
- No, there is some participation and cooperation, but it is discontinuous
- No, each partner is acting for itself and answers just to the coordinator requests

43-Are you satisfied with the project management activity? Overall assessment rating

1 minimum - 10 maximum

5 risposte



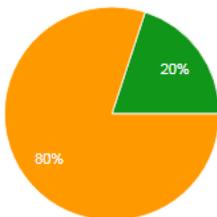
## Coordination

Coordination activity leaves respondents satisfied. The coordinator sent enough documentation to carry out the project. The documentation is considered clear and on time, “enough” for four and “very much” for one respondent.

The coordination activity is rated 8,2 (average value), on a scale 1 to 10, with a minimum of 7 and a maximum of 10.

44-Did the coordinator send you all the documentation needed to carry out the project?

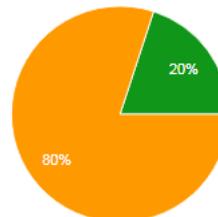
5 risposte



- no, not at all
- no, not enough
- yes, enough
- yes, very much

45-Was the documentation clear?

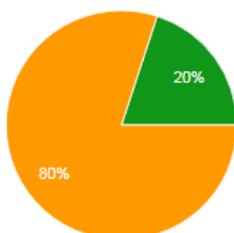
5 risposte



- no, not at all
- no, not enough
- yes, enough
- yes, very much

46-Did the coordinator send the documentation in due time?

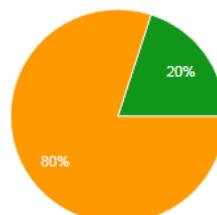
5 risposte



- no, not at all
- no, not enough
- yes, enough
- yes, very much

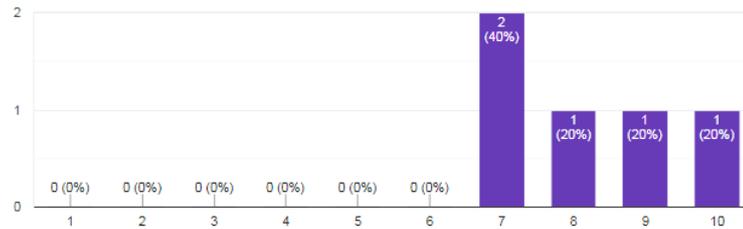
47-Did the coordinator give all the further information you needed to carry out the project?

5 risposte



- no, not at all
- no, not enough
- yes, enough
- yes, very much

49-Are you satisfied with the coordination activity? Overall assessment rating 1 minimum – 10 maximum  
5 response



## Overall assessments

### Strengths and weaknesses

Three out of five respondents highlighted the strengths and weaknesses of the project at this monitoring period.

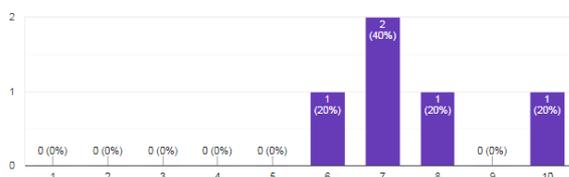
Strengths of the project	Weaknesses of the project
<ul style="list-style-type: none"> <li>We now know what we need to do and how.</li> <li>Some partners are very active</li> <li>The team</li> </ul>	<ul style="list-style-type: none"> <li>The delays because of the Covid caused loss of motivation.</li> <li>Two partners are a bit too slow to react</li> <li>Long Covid</li> </ul>

### State of the art assessment

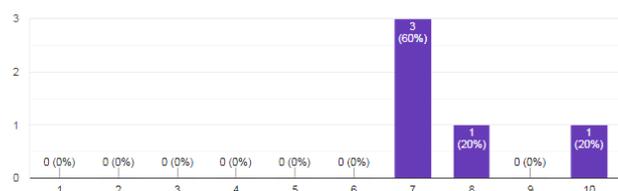
The overall satisfaction for the project state of art, partners' relationship and coordination is good.

	Are you satisfied with the project state of the art?	Are you satisfied with the relationships between partners?	Are you satisfied with the coordinator's activity?
Average value	7,6	7,8	8,2
Minimum	6	7	7
Maximum	10	10	10

52-Are you satisfied with the project state of the art? Overall assessment rating 1 minimum – 10 maximum  
5 response



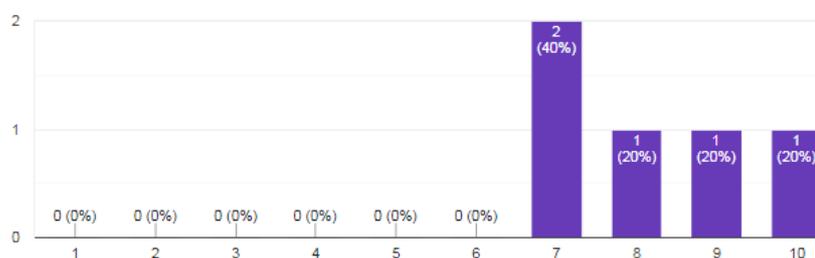
53-Are you satisfied with the relationships between partners? Overall assessment rating 1 minimum – 10 maximum  
5 response



54-Are you satisfied with the coordinator's activity? Overall assessment rating 1 minimum – 10 maximum



5 risposte



## Conclusion

During the first semester of 2022 the Covid pandemic reduced its impact on the project and the activities had a new impulse. The IO2 was completed and the IO3 started, although with a different timing between the various partners.

A creeping disaffection is perceivable: only a few partners answer the monitoring questionnaire (in spite of various reminders and delay of the deadlines); most of the answers are at a sufficient level (“enough”) and not excellent (“very much”); delays are report in many activities.

Nevertheless, the partnership, the coordinator or some of the partners, paid attention to recover any delay and to encourage the completing of the different activities. So that some of the partners report interesting impact on their organisations.

- *We are better known in the youngster’s sports community*
- *We have extended our sport curriculum within organisation's activities.*
- *We try to carry out our activities with more emphasis on the social point of view.*
- *We want to continue this kind of activities even after the project, because we reached a lot of young people interested in practicing sport and we created good collaboration with third sector associations.*

Most the partners carried out dissemination actions; social media and website are good enough. However, some partners consider that this activity must be further implemented.

On one hand the project suffered a slowdown with a consequent disaffection, during 2021 with some consequences in the early 2022, on the other hand, some of the partners and the coordinator worked hard to recover delays, letting each partner contribute at best.

The project extension gives a good chance to recover partners’ engagement, to get on with the activities and get the expected results.

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