

## T&F4ALL

# Track & Field, a race towards the future: inclusion in sport of young people from disadvantaged backgrounds

## Project n. EPP-1-2019-1-IT-SPO-SCP

# Fourth periodic monitoring questionnaire

# **July-December 2021**

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#### **Introduction:**

According to the monitoring and evaluation plan, a periodic questionnaire is submitted to any of the partners, one for each partner to be filled in with the collective opinion of the partner about project state of the art and activities.

The questionnaire is prepared with Google form. A quantitative and qualitative analysis is carried out on the monitoring questionnaire and joined with other info collected during the project development from the coordinator or during the meetings.

The periodic questionnaire enquiries the involvement of the partner and development of the actual stage of the project, the communication between partners, the management and coordination, the satisfaction about the meetings, strengths and weaknesses of the project and the overall satisfaction. The questionnaire is updated to the activities of the period and to specific matters that may occur.

The questionnaire refers to the project period July-December 2021, sent and answered in January 2022 (except for a late answer in February). The questionnaire collected six answers from: Collegium Balticum, Trionfo Ligure, Voluntary Work Novo Mesto, Izmir Youth Center Sport Club, Geseme, EFA (Spain, Slovenia and Turkey, Poland e two from Italy); the respondent have different roles like Project coordinator or manager, researcher, trainer etc.

#### **Project activity**

The Covid pandemic continues to have a great impact on the project development. It was difficult carrying out face-to-face activities. Some respondents underlined that the Covid impacted on many of the activities form the transnational meeting onward and it caused some delay.

- In surely impact our in person participation to the TPM, our local activities have been devastated. Nevertheless, we completed all activities planned.
- The most important impact of Covid-19 is on two main aspects. First one the transnational meeting that we cannot have all the people in presence and this reduces the important role of cooperation in the exchange of experiences. The second impact is about the activities on the field that we can realize with some delay.
- For us yes. We weren't able to participate to the face-to-face meetings.
- Yes, it continues to impact. First my organization could not participate the partners meeting that was held in Cyprus in November. We have to limit our contact and communication with the target groups due to the pandemic and all the activities are not carried out as intended.
- Yes, continues to cause major delays, to limit the possibility of moving from country to country, a more pragmatic communication.
- Unfortunately meetings and activities have been limited but we are working on better communication.

Two out of six respondents believe that a review of the project's schedule of activities is necessary due to the Covid pandemic, one of them thinks that it is sufficient to make some changes, while another one thinks that

a complete revision is needed. On the other hand, four respondents believes that just minor changes are needed.



#### Dissemination

Four out of six respondents published articles about the project on the social media, and one on local newspaper/magazine, only one did not publish any articles. For the majority the respondents shared the project's link on their social media pages, like Facebook and Instagram and on their website and web articles.



The respondents reported the interactions about Articles/link received. One of them considers that it was not easy to quantify them but there have been more than 300 interactions on their social media's posts. The others report as follows:

- Minimum 500
- 120 visits
- Few tens
- 340
- Around 50/60 likes

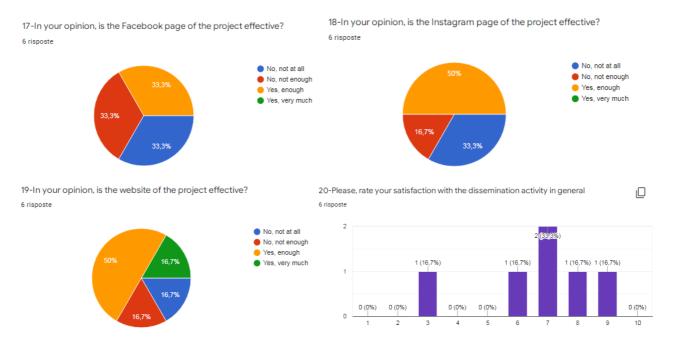
Five respondents carried out other dissemination actions in this period like a training or speeches during a trainings and staff meetings, one partner presented the project inside another similar EU financed project. Another partner disseminated it during external partners' sport activities.

Only one partner report problems due to the Covid situation, since they it had to limit the number of participants in presence. Another one tried to reach a wider audience, asking everyone to share their post on social media. Any reported delay is related to the pandemic and the restrictions it entailed. One respondent managed the problem working harder online.

Two out of six respondents considered the project's Facebook page to be effective enough, other two not enough and two more felt it was not effective at all. For the Instagram page three respondents thought it is effective enough, one "not enough" and other two considered it not effective at all. **The overall assessment of the social channels is quite low**. The project website is considered a bit better: 4 partners consider it effective, while two give a negative assessment.

The satisfaction with the project's dissemination activities in general at this stage is rated on an average of **6,6** on a scale of 1 to 10, with a minimum of 3 and a maximum of 8. It is low considered the average assessment in the previous monitoring.

Additional comments indicate that they could make more activities on social media and another one thinks a professional figure dedicated to this task is needed.

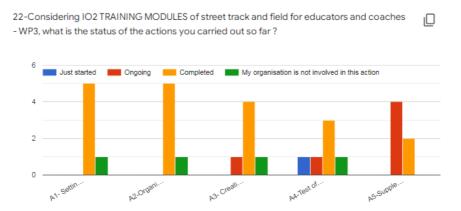


#### **Intellectual output**

During the reporting period, the partners carried out the following activities with regard to IO2 TRAINING MODULES (WP3) of street track and field for educators and coaches. The partners have undertaken different activities within the WP3 action. Some have completed them, some are in the process of completing them and some are at the beginning of them.

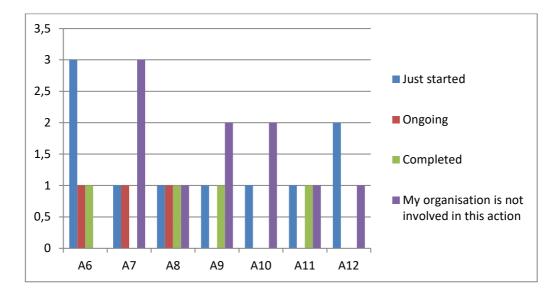
About A1 action "Setting competencies of street athletic instructor, collection of training needs in street education" and A2 action-"Organisation and preparation of training courses for new "street" coaches", all the involved partners (five respondents) completed the action. Four out of six respondents completed the action A3 about "Creation of online training modules for new coaches", while for one it is ongoing. About A4 action "Test of indoor/outdoor experimental training courses for new "street" coaches at national level" three out of six completed the action, one just started, one ongoing and other one states that his organization is not involved in that action. In the A5 action-"Supplementary and online training modules and final test" four out of six respondents affirm that they ongoing the activity and two states that they completed it.

In spite of the Covid impact, the six responding partner are working to carry out and complete the foreseen activities.



During the reporting period, the partners carried out also the WP4 actions (related to IO2 TRAINING MODULES). The partners have undertaken different activities within the WP4. Some have completed them; some are in the process of completing them and some are at the beginning of them.

About A6 action-"Creation and adaptation of street track and field learning paths to children and young people" three out of five respondents are just started the activity, one completed it and other one is carrying it on. About the A7 activity-"Production of a motivational videogame for apps to involve young people" One just started the activity and one is carrying it on. Other three out of five states that their organization are not involved in that action. The four respondents are in different steps about the A8 activity-"Selection among partners (and stakeholders) of young target groups in each experimental country partner" one completed, one ongoing, one just started and other one state that his organization is not involved in that action. About the A9 action "Implementation of two experimental paths for young groups led by new street instructors" two states that their organization are not involved in that action one just started and one completed it. Two out of three respondents are in organization not involved in the action A10 "Settlement of validation models of street coaches' skills" and one just started it. About the A11 action "English writing and online provision of I02" one out of three respondents are completed the action, one just started and one is part of an organization not involved in the following action. At last about the A12 action- "I02 translations into the partners' languages" two are just started the activity and one is part of an organization not involved in the following action.



Regarding the problems encountered while conducting this activity, two partners report that as follows:

- "the role of each partner is a little vague and I would like every partner to try out chosen paths to compare their effectiveness within the partner countries and to improve their ways of implementation"
- "big problems to receive feedback contributions in the set times".

Two respondents claim to have experienced some delays in comparison with the foreseen timing. The delay was caused by the emergency situation due to the pandemic and to manage the delay they asked for a prolongation of their deadline.

Two out of six respondents refers that the results obtained so far had an impact in their organization activities, other two a partial impact, while the reaming two partners had no impact.

Some partner specified the impact or left additional comments:

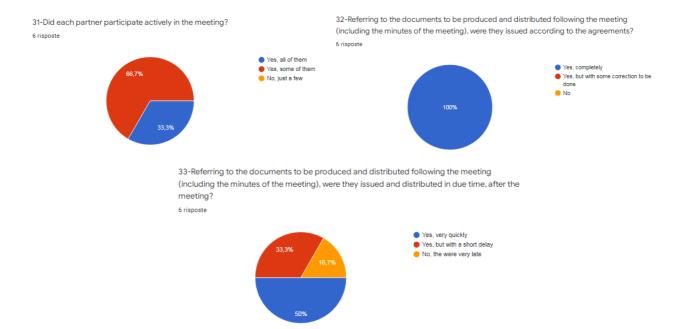
- The sport street educator is a new frontier for a sport association and it opens to a wider concept of sport, that is the future. Furthermore, to work in a European project during the pandemic time help a lot for the survival of the sport association, giving them new challenges and resources
- We have started the work with young immigrants
- We just had the training for street coaches and did not collect any meaningful result yet.
- The testing phase is the most important one and it give us the opportunity to open to new methods and to develop them.

## Transnational meeting: in Pegey, Cyprus 2-3 November 2021

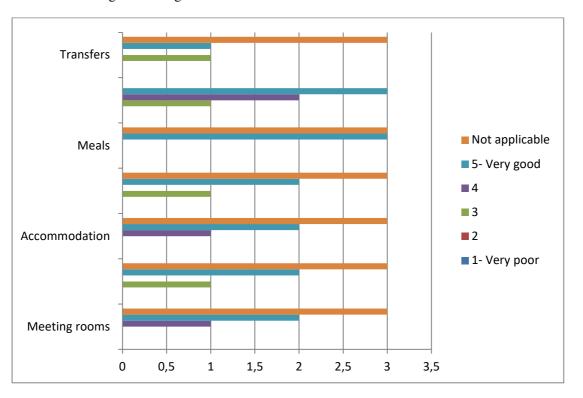
During the reporting period, the partners carried out a Transnational meeting in Pegey, Cyprus 2-3 November 2021.

The agenda is considered by all respondents to be complete and coherent with the development of the project. The timing of the transnational meeting sessions was considered completely coherent with the goals by four out of six respondents, for a partner time was short for some topic and for another one the timing was not coherent. All respondents actively participated to the meeting. Documents to be produced and distributed after the meeting were also released as agreed and were issued and distributed in due time: for three respondents they were distributed very quickly, for two respondents "yes, but with a short delay" and for one partners they were very late distributed.





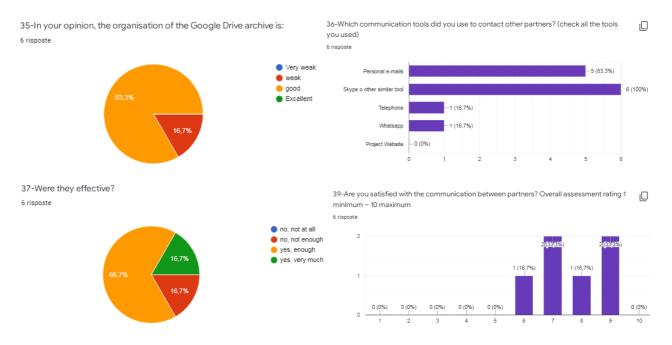
## Satisfaction about the logistic arrangements:



#### **Communication Tools in the partnership**

Most of the respondents are satisfied about the organization of the Drive archive: five out of six respondents considered it "good" while one "weak". For communication between partners different tools are used, mainly Personal e-mail, Skype or other similar tools, and five out of six respondents considered these tools effective (four considered it effective enough and one very much effective). The satisfaction for the Communication

between partners is still rated 7,6 (average value), on a scale 1 to 10, with a minimum of 6 and a maximum of 9.

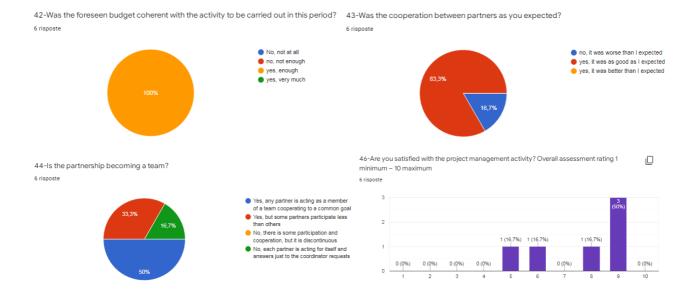


#### **Project management activity**

Most of the partners considered the time-schedule and deadlines enough coherent with the foreseen activities, only one considered it not enough coherent. The human resources were coherent with the activity to be carried out in this period (Four considered it enough coherent and one very much), one respondents considered it not enough coherent. For all respondents the foreseen budget was enough coherent with the activity to be carried out in this period.

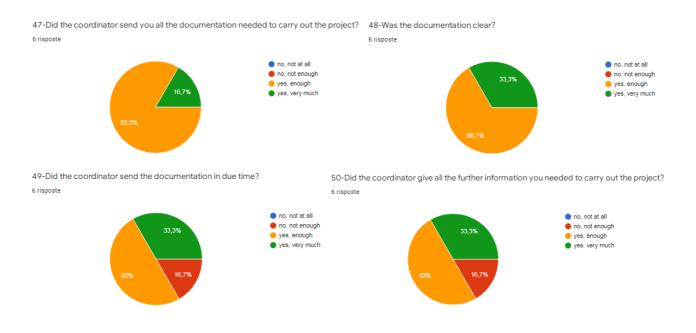
The cooperation between partners was overall good. Five out of six respondents affirmed that the cooperation was as good as they expected but other one thought that was worse than he expected and some of them think that the partnership could became a team. Only one answered negatively. The satisfaction for the project management is good for all partners. It is rated 7,6 average value, on a scale 1 to 10, with a minimum of 5 and a maximum of 9.

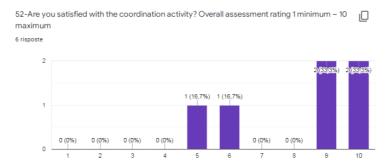




## **Coordination activity**

Coordination activity leaves respondents satisfied. They report that the coordinator sent the documentation needed to carry out the project. The documentation sent by the coordinator is considered by all to be clear it was clear "enough" for four and "very much" for two respondent. For the majority the respondents considered that the coordinator sent the documentations in due time and gave all the further needed information (three out of six enough and two very much), while one respondents considered "not enough". The coordination activity is rated 8,1 (average value), on a scale 1 to 10, with a minimum of 5 and a maximum of 10.





#### **Overall assessments**

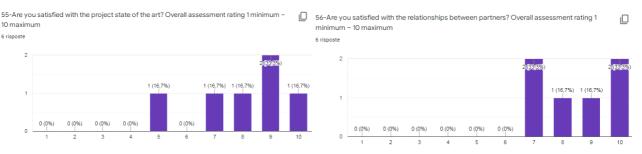
# Strengths and weaknesses to the project up to now and overall satisfaction:

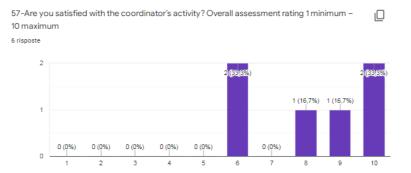
Three out of six respondents highlighted the strengths and weaknesses of the project at this monitoring period.

Strengths of the project	Weaknesses of the project
<ul> <li>We go on even the period is really difficult!!</li> <li>Collaboration between partners</li> <li>Even though we have delays and we could not meet each other in person and have a profound discussion on the project issues, we are still on track and pursue the goals of the project as intended.</li> </ul>	<ul> <li>Some activities were not so easy as we imagine</li> <li>There are some delays in the activities, due to the fact that some partners want them to be face-to-face, while they can be easily implemented online</li> <li>To let every partner to choose whatever content they want to, leads to a lack of act in unison</li> </ul>

The overall satisfaction for the project state of art, partners' relationship and coordination is good.

	Are you satisfied with the project	Are you satisfied with the	Are you satisfied with the
	state of the art?	relationships between partners?	coordinator's activity?
Average	8	8,5	8,1
value			
Minimum	5	7	6
Maximum	10	10	10





#### **Conclusion:**

During the fourth monitoring questionnaire the Covid pandemic continued to play a strong impact on the project development; nevertheless, in this period it was possible to go on with many activities and a to carry out the Transnational meeting.

Most of partners took part to the dissemination of the project, some published articles and other shared the link of the website. Facebook and Intragram page are not considered so effective; they can be improved, while the website is quite good.

During this phase of monitoring the IO TRAINING MODULES WP3 and WP4 were scheduled. The activities were participated and carried out by the respondents and the partners have undertaken different action, despite the Pandemic.

All respondents took part to the Transnational Meeting in Cyprus. And the satisfaction about the event was overall good. All respondents actively participated to the meeting.

The monitoring indicates some feeble negative signal: two partners continue not to answer the questionnaire; one of the respondents have a negative assessment on most of the enquired dimensions, while the others express a negative assessment on some aspects. The pandemic influenced a lot a regular evolution of the project, but it is advisable to care about a strengthening of the team and the objectives to reach the end of the project, making the most from the active partners.