



T&F4ALL

**Track & Field, a race towards the future: inclusion in sport of young people
from disadvantaged backgrounds**

Project n. EPP-1-2019-1-IT-SPO-SCP

Monitoring and evaluation final report

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Introduction

Monitoring and evaluation activity started with the plan shared between partners in the first months of the project. It aimed to collect information on the implementation and on the results of the project, thanks to the cooperation of each of the partners. Monitoring activity was carried out regularly with a periodic questionnaire that collected most of the key information (mainly qualitative) on the project implementation and the partners' satisfaction.

The activity was coordinated and reported by EFA, with the active, but sometimes discontinuous, participation of the partners (Novo Mesto, Municipality of Pegeia, Izmir Youth Centres Sport Club, Intercultural Institute Timisoara, GESEME, EFA and Collegium Balticum) and the great attention of the coordinator (Trionfo Ligure). Periodic results of the monitoring were presented and discussed during partners' meetings in order to consider suggestions for the improvement of the implementation. The monitoring activity was planned and carried out with a profitable relationship with the coordinator.

Most of the questionnaires were prepared and administered with Google form. A quantitative and qualitative analysis was carried out each time and analysed together with other information collected during the project development from the coordinator or during the meetings. The main issues were timely reported to the coordinator and to the partner during the Transnational Partner Meetings or intermediate ones. Some of the issues were faced, discussed, and solved following monitoring notice. A report is available for each periodic monitoring and for the first multiplier event. In this report you can find a summary of the main results with some final considerations, while for the details on specific period or activities, 6 reports are available.

The project was faced with the Covid pandemic right from the start and this meant that some of the planned activities had to be postponed. Furthermore, since the start of the project coincided with the beginning of the pandemic, there was an initial difficulty to understand how to manage the various activities.

Six periodic monitoring were carried out with the following timing

- First period monitoring August 2020 (refers to the project period February 2020- June 2020)
- Second period monitoring March 2021 (refers to the project period July 2020- December 2020)
- Third period monitoring September 2021 (refers to the project period January 2021- June 2021)
- Fourth period monitoring March 2022 (refers to the project period July 2021- December 2021)
- Fifth period monitoring September 2022 (refers to the project period January 2022- July 2022)
- Sixth and final monitoring February 2023 (refers to the entire project period)

Intellectual outputs

The development of the Intellectual output followed the foreseen steps of the project activities. At the beginning of the project with the starting phase of the pandemic situation the partners transferred online most of the planned activities. During the entire development of the project Covid pandemic restrictions impacted the activities very much.

In the first phase of the project (2020) the partners implemented and worked on the First Intellectual Output (**IO1- STUDY about street track and field as a tool for social inclusion**) carrying out different activities in the context of the first and the second Work Packages: The **WP1**: Research and analysis on models and experiences of educational projects with young people on the street and the **WP2**: From theory to praxis: study and adaptation of track and field disciplines for the implementation on the streets.

The first activities was carried out online and those who took part to the first monitoring questionnaire showed an active participation. (The activity concerned the A1 “Study on the principles of street education. Analysis of cases and experiences with young people, especially immigrants”, the A2 “Study of street sports. Comparison of disciplines practiced on the street and their specificity”, the A3 “Focus group with selected sport and educational organizations in different partners' territories for knowledge study on youth needs”, the A4 “Comparison between partners for the identification of best street educational practices for youth inclusion” and the A5 “Production, translation and sharing among partners of the IO1 first draft.”). Despite the emerging of Covid pandemic the activity was completed with a good cooperation between the partners because the first WP could be transferred to an online mode without compromising the result.

The implementation of the WP2 was more influenced by the pandemic with great impact on the project development. The situation prevented reaching the target group and forbidding the face-to-face activities. The participation to these activities underwent a slowdown. The activities carried out during the WP2 referred to: the A6: “Comparison and adaptation of athletic practices to non-formal education for young people with fewer opportunities”, the A7 “Construction among partners of an experimental non-formal educational pathway for inclusion through athletics” the A8 “English writing and online provision of IO1”.

Despite the different barrier encountered during the implementation of these activities, the participants are rather satisfied regarding the content of the Final First Report, in the context of the IO1, about the Study of the track and field as tool for social inclusion.

The Second phase of the project dedicated to the second intellectual output **IO2- TRAINING MODULES of street track and field for educators and coaches** was affected by pandemic too. This practical part of the project was designed for a broad involvement of stakeholders and target groups, but it was not possible to carry it out since it was impossible to hold local events or meetings. The partnership was influenced by the difficult

situation that arose, a critical moment in the partnership was faced with signs of disaffection and discouragement; it was registered also by the low participation to the third periodic monitoring (only three partners answered despite many recalls). The implementation of the IO2 improved a little in the fourth period of monitoring (project period July 2021- December 2021) where the activities about WP3 “Training: identification and training of educators and coaches for street track and field” and WP4 “Testing phase: to implement educational paths created for young people and children” was completed by some partners (A1 and A2) and just started and ongoing for the other foreseen actions. The partners carried out these activities in the following steps of the project while they worked on the last Intellectual Output **IO3- GUIDELINES and APP for the realisation of courses of track and field in the streets.**

In the 2022, the progressive solution of the pandemic and a regeneration of the relationship between partners gave a new impulse to the project, with the completion of the delayed activities and the completion of the project Ios. The respondents agreed that in this period the Covid did not impact very much the smooth running of the planned activities.

The satisfaction about the Intellectual outputs is rather high.

Satisfaction about Intellectual Output (Evaluating scale from 1 to 5)				
	IO1- STUDY	IO2- TRAINING	IO3-GUIDELINES	IO3- APP
Average value	4,3	4,3	4	4
Minimum	3	4	2	1
Maximum	5	5	5	5

And the quality of the Intellectual Output was considered overall good by the participants. (Evaluating scale from 1 to 10)

	IO1- STUDY	IO2- TRAINING	IO3-GUIDELINES
Average value	8,6	8,6	8,2
Minimum	7	7	4
Maximum	10	10	10

Dissemination

At the beginning of the project the dissemination activities showed a wide participation, any partner did some dissemination activities. Mostly the dissemination activities were concentrated on social media: the partners are active on social media like Facebook and Instagram.

According to the answers to the monitoring questionnaires, most of the partners concentrated on publishing articles on their social media. The participation of the partners in the dissemination activities of the project decreased a little through the time, due to the difficulties linked to the implementation too.

In the first phase of the project various activities were implemented mostly online through presentations or planned conference (online).

When the pandemic restriction decreased, some of the dissemination activities went back in presence. Someone had the possibility to carry out some meeting or presentation during the training and staff meeting or the external partners' sport activities; for example one partner presented the results to some representative of sport organisations at national and local event in Slovenia.

The satisfaction for the dissemination is overall good, the lowest periodic assessment is 6,6 (scale 1-10) during the fourth monitoring questionnaire, the highest is 7,5 (II monitoring period). However the overall, collected in the final questionnaire, is higher: 8,4 and, from the last questionnaire, emerged that the multiplier events were considered one of the most effective communications tool for the project.

	I Monit	II Monit	III Monit	IV Monit	V Monit	VI Monit Evaluation of all project period
Average value	6,7	7,5	7	6,6	6,8	8,4
Minimum	2	5	6	3	6	5
Maximum	10	9	8	8	8	10

Multiplier Events

The project included several Multiplier events (E1, E2 during the project development and the E3 to E8 during the conclusive phase to share the results of the project). A feedback questionnaire was prepared for the first and the second event, but the partners administered just the first one, during the event which took place in Genoa in March 2021. It was filled in by 7 participants that came from different organizations and had different professional background.

All the speeches and activities during E1 were appreciated by respondents, in particular “International partner activities presentation”, “Research presentation about IO1” and “workshop between participants on the implementation of track and field”. All respondents were satisfied with the information provided during the speeches.

The most important issues for the project were the new approach and the testing of the new model together with the aim of inclusion of disadvantaged youth. It was observed a high level of appreciation for the dissemination event. This was also seen in the last monitoring questionnaire when all respondents agreed that dissemination events are the best way to share project results and disseminate the project.

Transnational Meetings

During the project four Transnational Meeting were organized.

The first TM took place in Genoa (18-20th February 2020). All the partners are satisfied with any aspects of the meeting: agenda, content, participation and logistic arrangements.

The second Transnational Meeting was held online and on site and took place in Szczecin (1 and 2nd September 2020). This TM too leave the participant very satisfied about different aspects, like: agenda, content, participation and logistic arrangements. All partners actively participated to the meeting.

The third Transnational Meeting took place in Pegey, Cyprus 2-3 November 2021, and the partners appreciated this TM too.

The fourth Transnational Meeting took place in Timisoara- Romania and leave the participant satisfied about different aspects like: agenda, content, participation and logistic arrangements.

Communication Tools

The communication of the project left the partners overall satisfied. Personal email and Skype were the main communication tools between the partners and they are considered effective.

In the various periodic monitoring, all the respondents are satisfied about the organization of the Drive archive, they used this tool and shared on it their materials and documents of the project.

The general rating about satisfaction of communication shows the following trend:

Satisfaction about Communication between partners						
	I Monit	II Monit	III Monit	IV Monit	V Monit	Final (VI) Monit
Average value	9	9	9,3	7,6	7,8	8,1
Minimum	7	8	8	6	7	6
Maximum	10	10	10	9	10	10

(General assessment, average value, on a scale from 1-min to 10-max)

The cooperation between partner was considered good by most respondents during all the period of the projects, and most of the respondent thought that the partnership could became a team. The overall satisfaction about the communication and the cooperation between partner started from a very high satisfaction, then decreased with the lower value in the “critical” phase of the implementation and recover a bit at the end considering the overall duration. Nevertheless, the satisfaction can be considered overall good.

Project Management Activities and Coordination

Project management activities were considered good by most respondents for the entire duration of the project. The Time-schedule is considered coherent with the activities and the human resources; the foreseen budget was considered overall coherent in all questionnaires. Partners are satisfied with the documents and information given by the coordinator and in general with the coordinator.

Satisfaction about Project Management Average value (scale 1-min to 10-max)					
	I Monit	II Monit*	III Monit*	IV Monit	V Monit
Average value	9,2	9	9,2	7,6	7,8
Minimum	7	8	8	5	6
Maximum	10	10	10	9	10

* Original scale 1-5, converted to 1-10 for this table.

Satisfaction about Coordination Activities Average value (scale 1-min to 10-max)					
	I Monit	II Monit	III Monit	IV Monit	V Monit
Average value	9,2	8,8	9,3	8,1	8,2
Minimum	7	7	8	5	7
Maximum	10	10	10	10	10

Overall assessment

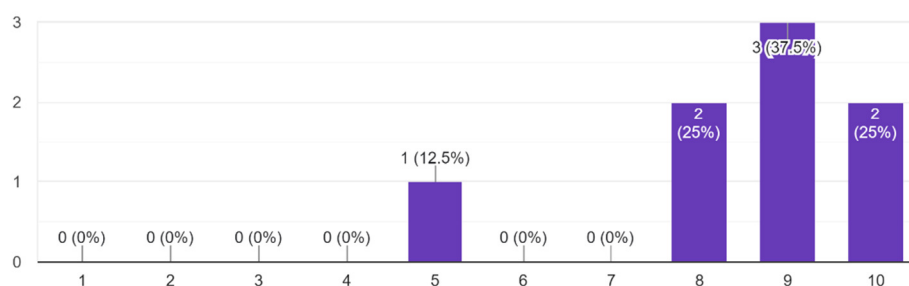
The partners point out different and various strengths of the project. One of the strong features, that was repeated in many periodic monitoring, is the partnership, although it is sometimes indicated as a weakness too. Furthermore, the project was able to bring great added value. A partner described it as a "really innovative" project.

Between the weaknesses, the difficulties encountered due to the covid pandemic often emerge. The impediment to reach the target group and to carry out the activities face to face were repeatedly cited as obstacles that hindered the project.

Strengths:	Weaknesses:
<ul style="list-style-type: none"> • The communication between coordinator and partners (professionalism, consistency), very good partnership, new ideas and opportunities for the future. • The partnership, the final product, the ideas created. • Inclusion, networking (widely and, good partnership as well), innovation. • A good team, interesting topic and value on international comparison • The PPs were able to collect data and send feedback to the responsible partner. • Interesting partner organizations. Interesting general theme. • To seize the necessities of the target group. • The partnership, the final product, the ideas created. 	<ul style="list-style-type: none"> • Some partners - the covid situation that inflicted a significant delay in some activities, but at the end we reached the planned results - a less physical exchange. • Pandemic context makes interest in the topic lower from the part of local stakeholder. • I could not attend all the TPMs in person due to national covid restrictions, otherwise I encounter no weakness of the project. • Not all the partners were so devoted. • Weak participation of some partners, difficulties in finding local stakeholders to cooperate with, internal communication.

The overall satisfaction for the results is high: 8,5 (average value) on a scale from 1 to 10, with a minimum of 5 and a maximum of 10.

Are you satisfied with the project results in general? Overall assessment rating 1 minimum – 10 maximum
8 responses



Based on the concrete results of this project, six partners highlight some actions that could be usefully developed (in their context and at transnational level). The Intellectual Outputs are the starting point for future action for two respondents. Others are more specific:

- Take advantage of project results to start real collaborations between sports and educational organizations in different countries.
- A project to train the trainers on more structured trainings in order to coach for competitions and try it with the interested youngsters and to have more modules about better and healthier relation and conversation with vulnerable groups.
- The creation of more cooperation between sport association and educational and social ones, in order to grow the possibilities for the people.
- In our contest we insert the new figure among the employees. At transnational level to develop skills and good practises in the same direction we started.

The final overall assessment of the results is coherent with the general satisfaction about the State of Art, relationship between partners and the coordinator's activity, through the time.

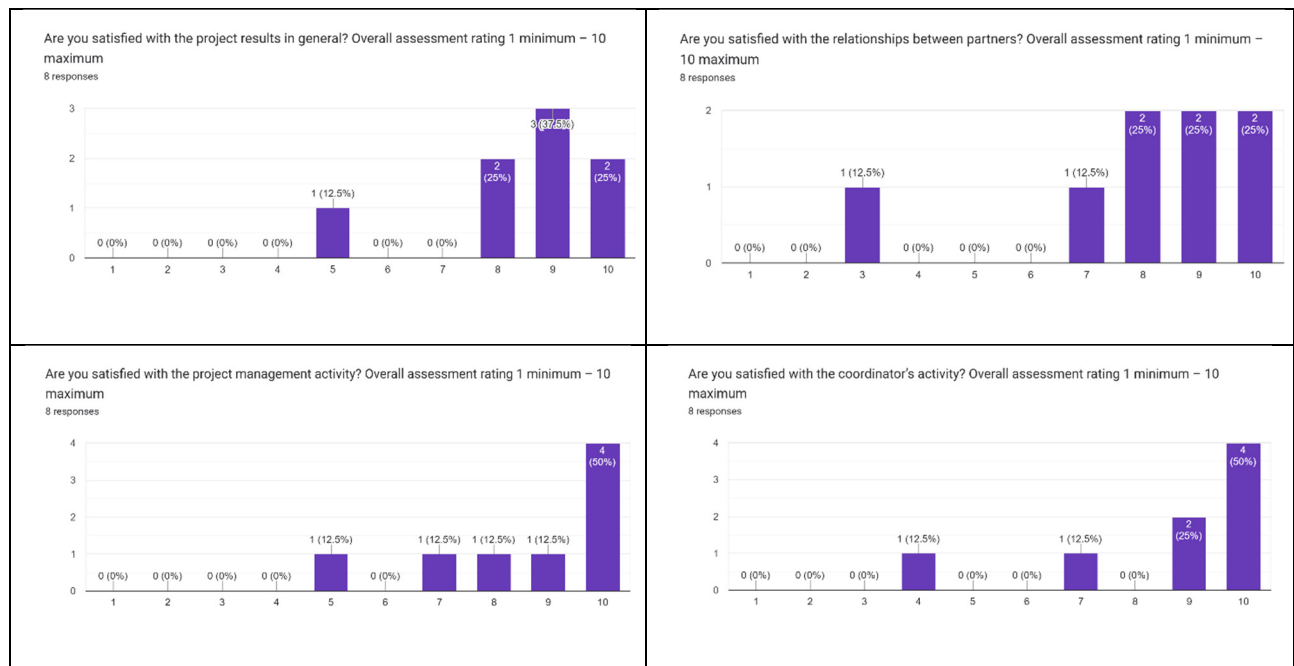
Satisfaction about Project State of Art Average value (scale 1-min to 10-max)					
	I Monit	II Monit	III Monit	IV Monit	V Monit
Average value	8,7	8,7	9	8	7,6
Minimum	7	7	8	5	6
Maximum	10	10	10	10	10

Satisfaction about relationship between partnership Average value (scale 1-min to 10-max)					
	I Monit	II Monit	III Monit	IV Monit	V Monit
Average value	8,9	9	9,3	8,5	7,8
Minimum	7	8	8	7	7
Maximum	10	10	10	10	10

Satisfaction about coordinator's activity Average value (scale 1-min to 10-max)					
	I Monit	II Monit	III Monit	IV Monit	V Monit
Average value	9,2	9	9,3	8,1	8,2
Minimum	7	7	8	6	7
Maximum	10	10	10	10	10

A final overall assessment of the satisfaction is asked about partners' relationship, coordinator's activity, and the project. All of them are very high and coherent with the partial results. The overall satisfaction for the project results, partners' relationship, project management activity and coordinator's activity is high. (Evaluating scale from 1 to 10)

Final satisfaction assessment Average value (scale 1-min to 10-max)				
	Project results	Partners' relationship	Project management activity	Coordinator's activity
Average value	8,5	8	8,6	8,6
Minimum	5	3	5	4
Maximum	10	10	10	10



Conclusion

The project started with the beginning of the Covid pandemic situation and initially the partners face and overcome its consequences, especially as regards IO1. In fact, this was developed online with great participation of all the partners. The following activities, which instead needed to involve the target group and work on the street, suffered restrictions and the partners agree on the great impact that Covid has had on the project.

The three outputs of the project leave the participants satisfied: their satisfaction (average value) is rather high about all the three (IO1, IO2 and IO3). The respondents considered good the quality of each result. Moreover most of them affirmed that this outputs were able to influence their activities: Helping to reach the target group, showing some efficient ways to work with vulnerable groups, creating a network with some local stakeholders.

The multiplier event was considered one of the best ways to disseminate the project.

During a final questionnaire emerged that, despite the obstacles, the results of the project have been able to influence partners' activities and some partners explained how the outputs of the project had an impact of their organization's activities. Some of them point out that the project results helped to reach the target group, and someone else highlighted that the results showed some efficient ways to work with vulnerable groups and were useful to create a network with some local stakeholders.

The overall satisfaction was good in many different aspects of the project.

For specific period or event see:

- First periodic monitoring report– Edited by Efa
- Second periodic monitoring report– Edited by Efa
- Third periodic monitoring report– Edited by Efa
- Fourth periodic monitoring report– Edited by Efa
- Fifth periodic monitoring report– Edited by Efa
- Final (IV) monitoring report – Edited by Efa
- E1 Feedback questionnaire- Edited by Efa

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