



## **T&F4ALL**

### **Track & Field, a race towards the future: inclusion in sport of young people from disadvantaged backgrounds**

**Project n. EPP-1-2019-1-IT-SPO-SCP**

#### **Final monitoring questionnaire**

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**February 2023**

## Introduction

At the end of the project the periodic monitoring questionnaire collects opinion and assessment on the overall project. As the previous ones, it is submitted to any of the partners, one for each partner to be filled in with the collective opinion of the partner about project state of the art and activities.

The questionnaire is prepared with Google form. A quantitative and qualitative analysis is carried out on the monitoring questionnaire and joined with other info collected during the project development from the coordinator or during the meetings.

The periodic questionnaire enquires the involvement of the partner in the completion of the project and the assessment of the project results, together with some recurrent questions on the communication between partners, the management and coordination, the satisfaction about the meetings, strengths and weaknesses of the project and the overall satisfaction.

The eight respondents represents 6 out of 8 partners, covering Spain, Slovenia, Turkey, Romania, and Italy (Trionfo Ligure and Voluntary Work Novo Mesto (two respondents), Izmir Youth Center Sport Club, Geseme,, EFA).

## Intellectual output – results and impact

Regarding the satisfaction about the Intellectual Outputs, for the first, **IO1- Studying about street track and field as a tool for social inclusion**, it is rather high, it's rated 4,3 average value, on a scale 1 to 5, with a minimum of 3 and a maximum of 5. Similarly, the partners expressed high satisfaction for the second intellectual output **IO2 Training modules of street track and field for educators and coaches**. The satisfaction about this second intellectual output is rated 4,3 average value, on a scale 1 to 5, with a minimum of 4 and a maximum of 5. About the other intellectual output the **IO3-Guidelines and APP for the realization of courses of track and field in the streets** and the **IO3- Promo Videos** the satisfaction is a little lower than the previous ones, but still rather high, it is rated 4 average value, on a scale 1 to 5. (with a minimum of 2 for the IO3 and 1 for the second IO3, and a maximum of 5).

Are you satisfied with the quality of the Intellectual Outputs of the project?

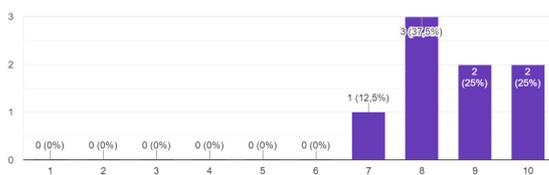


The respondents consider the quality of the first and the second intellectual outputs (IO1 and IO2) high, their satisfaction is 8,6 on average value, on a scale 1 to 10, with a minimum of 7 and a maximum of 10. About the third intellectual output (IO3) the satisfaction is a bit lower, average 8,2, on a scale 1 to 10, with a minimum of 4 and a maximum of 10.

Please, rate the quality of the first Intellectual output: Study about street track and field as a tool for social inclusion



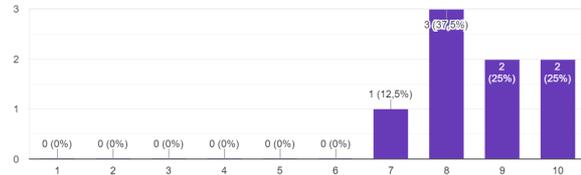
8 risposte



Please, rate the quality of the second Intellectual output: Training modules



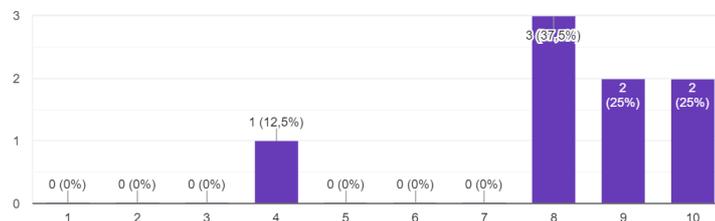
8 risposte



Please, rate the quality of the third Intellectual output: Guidelines and Promo Videos



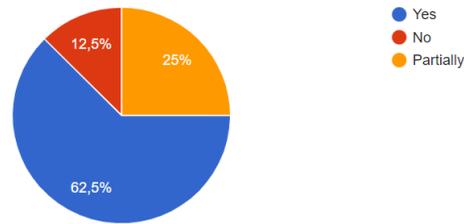
8 risposte



Most of the respondents think the results of the project influenced their organisation's activities up to now. Only one partner reports no effects.

Did the project results impact your organisation's activities so far?

8 risposte



Seven partners explained how the outputs of the project had an impact of their organization's activities. Some of them point out how the **project results helped to reach the target group**, another partner claims that the results showed some **efficient ways to work with vulnerable groups** and were useful to **create a network** with some local stakeholders with whom they started some street sport activities for people with disadvantaged background. Below, the answers in detail:

- We are not a sport organisation but only running some sports activities within our programmes. Therefore, we have already included the developed tools and strategies into our programmes' activities.
- We are now closer to the target group
- The project results showed us more efficient ways to work with vulnerable groups and the outputs provided the staff with useful information on how to deal with working in fragile groups.
- We create a network with some local stakeholders with whom we started some street sport activities for people with disadvantaged background
- now we go on with the activities and one of the guy who did the training and testing activities is now working for the association
- We are frequently using the videos in our activities that involve the inclusion of roma children.
- It widened the idea and methodologies for work with youngsters in local area.

About the **activities that interested** the partner most, the answers are varied and different for each respondent. Each participant focuses on a different activity, answering as follows:

- Testing developed modules in local environment.
- Face to face activities with the target group of young immigrants.
- Dissemination event in Genoa. Involvement of other local associations.
- The training of the trainers was very fruitful.
- The practical activities with the youngsters and also the exchange with the other partners.
- The guidelines.
- The study visit in a small village near Timisoara, where we had the chance to see the implementation of the path.
- The multiplier event and open sport events where many external local partners participated as well.

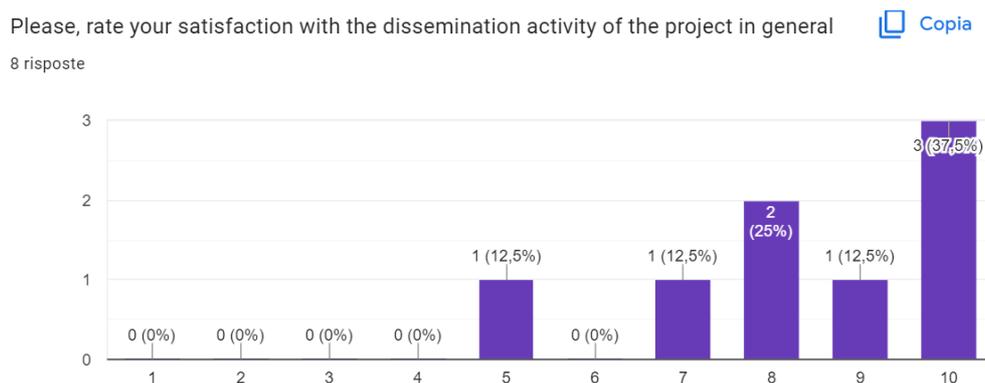
Talking about the **problems** encountered during the project activities, four out of seven respondents focus their attention about the pandemic situation which coincided with the first phase of the project. The pandemic situation blocked some face-to-face activities which are considered very important for this kind of project and not easily replaceable with online activities. The other three respondents focused their attention on different topics:

- Keeping the contact with the local stakeholders.
- A lack of coordination and leadership.
- Not being able to find teachers or educators that are willing to learn this new methodology.

As noted, many of the problems encountered during the project are due to the impact that the pandemic has had in this period. In fact, all the respondents agree about its great impact. This has delayed, if not prevented the development of many of the planned activities, especially in the first phase of the project. One partner also claims that the pandemic did "block possible process of real integration and collaboration among partners". Another partner states: "It impacted very much on the practical activities we had to do on the field with the group of youngsters." Therefore, all respondents agree that the pandemic has seriously affected the project's activities and the project in general.

## Dissemination

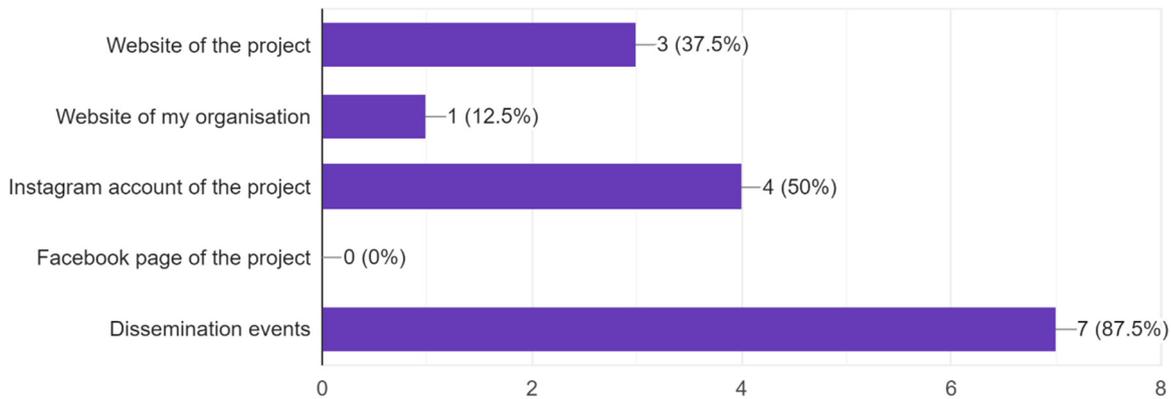
The satisfaction of the respondents about the general dissemination activity is overall high, it's 8,4 (average value, on a scale 1 to 10, with a minimum of 5 and a maximum of 10).



The dissemination events were considered one of the most effective communication tools for the project. (In this case the respondents had the possibility to choose different options for the same claim.)

Which was the most effective dissemination/communication tool? (please choose up to two answers)

8 responses



## Project management and teamwork

Participation in the project was high, although must be noted that the two partners did not answer the final questionnaire and missed some other monitoring enquiries. At the end of the project, four partners believe that all partners have actively participated, while the other four consider that only some of them have done it. The satisfaction for the communication between partners is 8,1 (average value, on a scale 1 to 10, with a minimum of 6 and a maximum of 10). The cooperation between partners was overall good: seven out of eight respondents affirmed that the cooperation was as good as they expected, only one partner considered it worst.

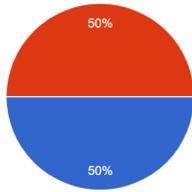
Seven out of eight respondents think that the partnership became a team: Three of them considered that at the end of the project any partner acted as a member of a team cooperating to a common goal, the other four affirmed that some partners participated less than others. Instead, one partner out of eight thinks that the partnership did not act as a team because each partner acted for itself and answered just to the coordinator requests.

Most of the respondents, seven out of eight considered that the coordinator gave “very much” (5) or enough (2) information and support to carry out the project. Only one respondent considered that the coordinator did not give enough information and support needed.

One respondent leaves an additional comment and said “The lead partner was very responsive, as well as other partners.”

Did each partner participate actively in the project?

8 risposte

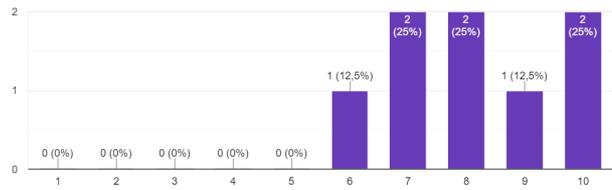


Are you satisfied with the communication between partners? Overall assessment rating 1 minimum – 10 maximum

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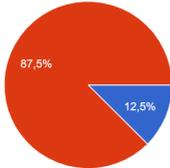
8 risposte

- Yes, all of them
- Yes, some of them
- No, just a few



Was the cooperation between partners as you expected?

8 risposte

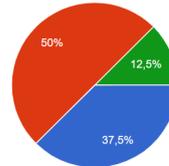


- no, it was worse than I expected
- yes, it was as good as I expected
- yes, it was better than I expected

Finally, did the partnership become a team?

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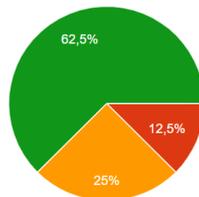
8 risposte



- Yes, at the end any partner acted as a member of a team cooperating to a common goal
- Yes, but some partners participated less than others
- No, there was some participation and cooperation, but it was discontinuous
- No, each partner acted for itself and answered just to the coordinator requests

Did the coordinator give information and support you needed to carry out the project?

8 risposte



- no, not at all
- no, not enough
- yes, enough
- yes, very much

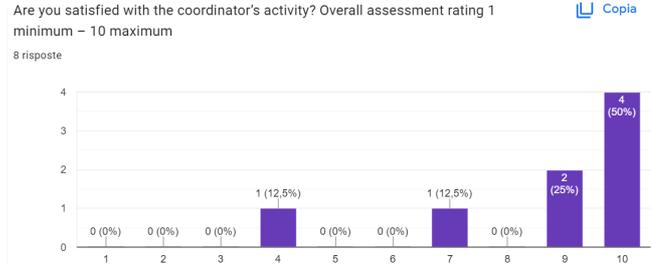
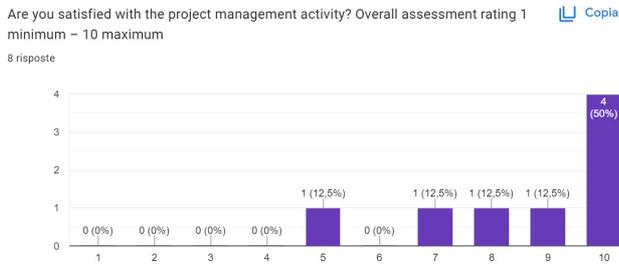
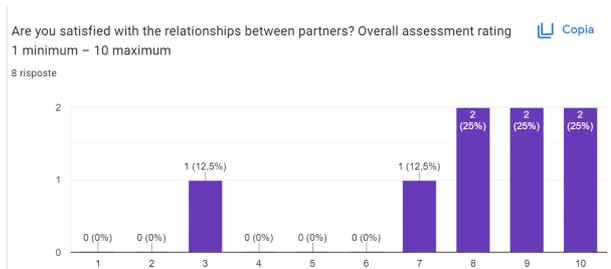
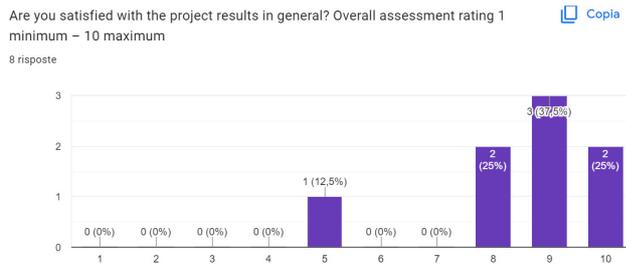
## Overall assessment

As a final assessment the partner were asked to indicate three main Strength and Weaknesses of the project. Among the strengths, the “partnership” was mentioned several times, but at the same time some partners mentioned the same thing as a weakness. Inclusion, solidarity and good and the innovative idea are considered strong points of the project.

<b>3 main Strengths of the project</b>	<b>3 main Weaknesses of the project</b>
<ul style="list-style-type: none"> <li>• Inclusion, networking (widely and, good partnership as well), innovation.</li> <li>• Cooperation; mutual understanding; Solidarity.</li> <li>• Interesting partner organizations. Interesting general theme.</li> <li>• To seize the necessities of the target group.</li> <li>• The partnership, the final product, the ideas created.</li> <li>• The partnership - the innovative figure of the street sport educators - to reach the goals.</li> <li>• It promotes a healthy lifestyle. It promotes inclusion. There is a need for educators to learn this methodology.</li> <li>• The communication between coordinator and partners (professionalism, consistency), very good partnership, new ideas and opportunities for the future.</li> </ul>	<ul style="list-style-type: none"> <li>• I could not attend all the TPMs in person due to national covid restrictions, otherwise I encounter no weakness of the project.</li> <li>• Approximation. Lack of real collaboration and ability to invest deeply in project results.</li> <li>• Not all the partners were so devoted.</li> <li>• Weak participation of some partners, difficulties in finding local stakeholders to cooperate with, internal communication.</li> <li>• Some partners - the covid situation that inflicted a significant delay in some activities, but at the end we reached the planned results - a less physical exchange.</li> <li>• It has to be sustained on the long term in order to be effective.</li> <li>• Sometimes misunderstanding or not good explanation of one of the IO lead partner and nothing else.</li> </ul>

The overall satisfaction for the project results, partners’ relationship, project management activity and coordinator’s activity is overall high. (Evaluating scale from 1=min to 10=max)

	project results	partners’ relationship	project management activity	coordinator’s activity
Average value	8,5	8	8,6	8,6
Minimum	5	3	5	4
Maximum	10	10	10	10



Based on the concrete results of this project, six partners highlight some actions that could be usefully developed (in their context and at transnational level). The Intellectual Outputs are the starting point for future action for two respondents. Others are more specific:

- Take advantage of project results to start real collaborations between sports and educational organizations in different countries.
- A project to train the trainers on more structured trainings in order to coach for competitions and try it with the interested youngsters and to have more modules about better and healthier relation and conversation with vulnerable groups.
- The creation of more cooperation between sport association and educational and social ones, in order to grow the possibilities for the people.
- In our contest we insert the new figure among the employees. At transnational level to develop skills and good practises in the same direction we started.

## Conclusions

This was the last monitoring of the project. Despite a sort of disaffection shown by some partners (various reminders and delay of deadlines for the questionnaires) the assessment is high for many different aspects of the project.

The three outputs of the project leave the participants satisfied: their satisfaction (average value) is high for any of the intellectual outputs (IO1, IO2 and IO3). The respondents considered good the quality of each of this project's results. Moreover most of the respondents affirmed that the outputs influenced their activities from different point of views: Helping to reach the target group, showing some efficient ways to work with vulnerable groups, creating a network with some local stakeholders.

All the other transversal activities that characterized the project raised partners' interest, for example the Multiplier event that took place in Genoa, the training of the trainers, the guidelines, etc.

Many of the problems encountered during the project are due to the impact of the Covid pandemic. In fact, all the respondents agree about the pandemic impact, that delayed, if not prevented the development of many of the planned activities, especially in the first phase of the project.